Over Weight

Baby fatty, chubby, chunky, big boned, husky, squishy, round, fat!
Can't do that… you're much too slow, just weight right here, let them go.
You'll sink not swim, so don't bother getting in, life would be so much better thin.
I'm so overweight

Can't find my size, thunder thighs, pants too tight, shirt don't fit right. Sleeves too long, double XLs all gone. Triple cuffed pants, giggles as I pass. I'm so over weight.

Taking up too much space, I fill the room, I'm out of place, big kid trying to shrink in size, never look them in the eyes, slowly insecurities rise. I'm over, oh so over… weight.

Stuck behind life's starting line, "if only" fills my doubting mind. Life would surely be all that… if I wasn't so damn fat. Have I mentioned that I'm over weight?

Insults, judgments, fad new diets, disguised as truths; come on just try it, an entire industry capitalizing on bullying you, are you buying what they're selling, don't worry I did too…over so, so, over weight.

Tired of all this bobbin n' weavin it's no wonder I've had so much trouble breathing. Continuous punches even while retreating; guard was up but was still left bleeding.

Weight…weight…Wait! It's time I threw some punches too, my scars prove I can take a hit, time to see if you can too; I choose to accept and love all of me, in spite of the ignorance and negativity. Pay no mind to what they think of you, they're battling insecurities too, pray for them, while you do you.

Weight…It's time to think this whole thing through, finally give some credit where it's due, this weight served as a shield for you, helped to shape the whole that's you, not just the out, but inside too, not the bad… but the GOOD in you.

Wait, never again. You're the perfect weight, so join on in.
Wait, not one second more, it's a Big Wonderful life that you are destined for,
I'm so over weight!

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